

# IKIGAI - LIVING YOUR PURPOSE

A REASON TO JUMP OUT OF BED EACH MORNING



## BUILDING A CULTURE OF PURPOSE @ WORK

### Core Values

Know Your WHY  
Think Big  
Connect the Dots  
Resilience  
Happiness / Sustainability

### Module (One Session of 120 Minutes)

- Four Primary Elements
- Discovering your own IKIGAI
- 10 Rules to Find / Unlock your IKIGAI
- Live Life Once

**Target Audience** - Universal

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ONLINE LEARNING EXPERIENCE



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