

# THE ATTENTION INSTITUTE

THERE IS MORE TO YOU, THAN YOU CAN SEE

EXPERIENTIAL LEARNING OF META SKILLS



**KAMLESH JAIN**  
ATTENTION MAVERICK  
Founder


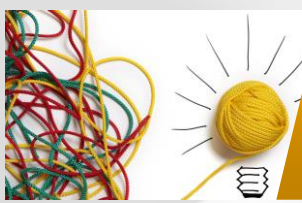





Ex-Goldman Sachs | Nomura | Lehman Brothers | Citibank | World Bank | Accenture

Organizations need to develop their people's meta-skills - a master skill that magnifies and activates other skills.

**SKILLS ARE TEMPORARY; META-SKILLS ARE PERMANENT.**

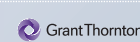
Learning a second language or how to code constitutes a skill. A meta-skill, on the other hand, is your ability to learn new languages. Once you've developed that meta-skill, it becomes easier to learn anything.

## SIGNATURE LEARNING SOLUTIONS

	META SKILL <b>#1</b>	Attention to Detail Focus Concentration	<b>PACT - Power of Attention and Concentration Training</b>  Power of Excellence
	META SKILL <b>#2</b>	Happiness Well-being Energy	<b>Mindfulness - Be Present</b>  Pursuit of Happiness
	META SKILL <b>#3</b>	Curiosity Innovation Continuous Learning	<b>CALM - Curiosity and Applied Learning Mindset</b>
	META SKILL <b>#4</b>	Purpose Start with WHY Clarity	<b>IKIGAI - Reason for Being</b>
	META SKILL <b>#5</b>	Gratitude Respect Compassion	<b>O Great One - Power of Appreciation</b>
	META SKILL <b>#6</b>	Resilience Grit Courage	<b>dMAT - Develop Mental Agility and Toughness</b>
	META SKILL <b>#7</b>	Excellence The FLOW Mastery	<b>Deep Work in a Distracted World</b>



[kkjain@3in.in](mailto:kkjain@3in.in)  
[www.attentioninstitute.in](http://www.attentioninstitute.in)  
+91 984 008 7601



Since 2011, we have impacted **150,000+** participants globally, guiding them to better work and life.

**YOUR MIND IS THE MOST POWERFUL THING IN THE UNIVERSE. MASTER IT.**