



PACT

POWER OF ATTENTION AND CONCENTRATION TRAINING

Work = Time x Focus



**TIME CAN BE MANAGED, BUT
FOCUS CAN BE MULTIPLIED**

Your best people are smart. So why do costly mistakes still happen?

WHY PACT

"You don't have Less Time; You have Less Focus."

We live in a distracted world, and most humans have lost their innate ability to Focus. This results in Lower Productivity, Poor Quality and Employee burnout.

The **IMPACT** of PACT is - reduced cost of quality COQ, zero rework, improved customer experience and higher operational excellence.

TWO CORE LEARNING OBJECTIVES

- BUILDING A CULTURE OF EXCELLENCE
- GETTING IT RIGHT FIRST TIME EVERY TIME

PACT FRAMEWORK

Power of Attention and Concentration Training (PACT) isn't just a learning module. It's a gateway to a **new dimension of productivity and excellence.**

Drawing from my **30+ years of Global Work Experience** and delivering **PACT to over 200,000+ participants worldwide** since 2012, this program has been crafted to target the **genuine concerns of cognitive workplaces.**

- **Module 1** - Are You Paying Attention (**Why**) – Diagnostic Assessment
- **Module 2** - 10 Tips of Excellence (**What**) – Tools and Science
- **Module 3** - 10 Habits of Excellence (**How**) – Workplace Techniques
- **Module 4** - Experiential Learning (**Practical Application**) – Real Impact
- **Module 5** - Continuous Learning Tools and GRIT

**"WHERE YOUR
ATTENTION
GOES, YOUR
ENERGY FLOWS,
AND RESULTS
SHOW"**



LEARNING OBJECTIVE

**IMPROVE PRODUCTIVITY AND
QUALITY OF WORK / LIFE BY
SHARPENING YOUR FOCUS**

- Train Your Brain to Pay Attention, Focus for Long
- Become Productive, Not Just Busy
- Avoid Rework due to Human Errors
- Deliver Consistent Quality in a Monotonous yet Critical Work
- Deliver Excellence under High Pressure Work Environment
- Do More With Less

You don't have **Less Time**, You have **Less Focus**.

**EVEN THOUGH WE ALL HAVE A SET AMOUNT TO SPEND IN THE SLOT MACHINE OF LIFE,
TIME IS NOT YOUR MOST VALUABLE ASSET. YOUR ATTENTION IS THE MOST IMPORTANT ASPECT OF BEING ALIVE.**

PACT

POWER OF ATTENTION AND CONCENTRATION TRAINING

INSIST ON THE HIGHEST STANDARDS

LEARN TO FOCUS DEEPLY

WORK INTENTIONALLY

DELIVER WITH EXCELLENCE



**“EXCELLENCE IS
NEVER
ACCIDENTAL. IT
IS THE RESULT
OF FOCUSED
ATTENTION”**



BUSINESS CONTEXT

“Why are my best people making silly mistakes?”

“Why does quality drop under pressure?”

“Why are we busy but not productive?”

Attentive Employees Make a Big Difference

In today's workplace, distraction is the default.

- Employees check emails 36 times an hour
- 47% of waking hours are spent with a wandering mind
- Mistakes from oversight cost millions in quality errors
- Attention is the new currency - and it's being spent carelessly

PACT is not mindfulness.

PACT is not time management.

PACT is operational excellence through attention mastery.

It's designed for cognitive professionals in high-performance environments - where excellence is not optional.

Two core abilities for thriving in the New Economy

- The ability to quickly master hard things.
- The ability to produce at an elite level, in terms of both quality + speed.

IMPACT OF PACT

- 200,000+ Participants worldwide since 2012
- Our active clients include Big 4s, MBB firms, Top 10 Bank GCCs and Shared Services / GBS Entities
- In a Global Bank GCC, PACT reduced avoidable rework incidents post learning and was awarded “Highest Business Impact Learning Program”

- **Full-Day Immersive - In-Person (6 Learning Hours)**
 - Small Cohort of 30 participants or
 - Larger Groups of up to 100 participants
 - Interactive and Targeted, High Participant Engagement
- **Half-Day Immersive - In-Person (4 Learning Hours)**
 - Suitable for Leadership Team or Offsite setup (with time constraint)
- **Virtual Immersive - 3 Hours x 2 Days (6 Learning Hours)**
 - Easy to organize especially for teams which are not in one location
 - Participant experience may be diluted if engagement is not governed

PROGRAM FORMATS (FLEXIBLE)



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